Document and entity information

| | Sep 2022 | Dec 2021 |
|--|------------|--------------------------------------|
| Company information | | |
| Company information | | |
| FASF member mark | | true |
| Document name | | 第1四半期決算短信 〔IFRS〕(連 結) |
| Filing date | | 2022-02-10 |
| Company name | | FOOD & LIFE COMPANIES LTD. |
| Securities code | | 356 |
| URL | | https://www.food- and-life.co.jp/ |
| Representative | | |
| Title | | 代表取締役社長 |
| Name | | 水留 浩一 |
| Inquiries | | |
| Title | | 常務執行役員 |
| Name | | 小河 博嗣 |
| Tel | | 06-6368-1001 |
| Other | | |
| Quarterly statement filing date (as planned) | | 2022-02-14 |
| Supplemental material of quarterly results | | - |
| Way of getting | | - |
| Convening briefing of quarterly results | | - |
| Target for briefing of quarterly results | | - |
| Note to fraction processing method | | (百万円未満四捨五 入) |
| Stock exchange listings | | |
| Tokyo | | true |
| Tokyo 1st section | | true |
| Tokyo 2nd section | | - |
| Tokyo Mothers | | - |
| Tokyo JASDAQ | | - |
| Tokyo PRO Market | | - |
| Tokyo Others | | - |
| Nagoya | | - |
| Nagoya 1st section | | <u>-</u> |
| Nagoya 2nd section | | |
| Nagoya Centrex | | _ |
| Nagoya Others | | |
| | | - |
| Sapporo Sapporo | | - |
| | | - |
| Sapporo Ambitious | | - |
| Sapporo Others | | - |
| Fukuoka | | - |
| Fukuoka | | - |
| Fukuoka Q-Board | | • |
| Fukuoka Others | | - |
| Phoenix | | - |
| Japan Securities Dealers Association | | - |
| Business category | | |
| General Business | true | |
| Specific Business | - | |
| Fiscal Year End | 2022-09-30 | |
| Quarterly period | | |

| | Dec 2021 | Dec 2020 |
|--|----------|----------|
| Quarterly operating results | | |
| Quarterly operating results | | |
| Consolidated operating results | | |
| Consolidated income statements information | | |
| Sales | | |
| Sales | 71,601 | 59,529 |
| % change | 20.3 | 6.8 |
| Operating profit | | |
| Operating profit | 5,469 | 7,008 |
| % change | -22.0 | 44.9 |
| Profit before tax | | |
| Profit before tax | 5,255 | 6,656 |
| % change | -21.1 | 41.8 |
| Profit | | |
| Profit | 3,389 | 4,091 |
| % change | -17.2 | 35.0 |
| Profit attributable to owners of parent | | |
| Profit attributable to owners of parent | 3,388 | 4,098 |
| % change | -17.3 | 35.2 |
| Total comprehensive income | | |
| Total comprehensive income | 3,963 | 4,167 |
| % change in total comprehensive income | -4.9 | 24.5 |
| Other consolidated operating results | | |
| Basic earnings per share (Yen) | 29.23 | 35.31 |
| Diluted earnings per share (Yen) | 29.07 | 35.19 |
| Note to consolidated operating results | | |
| Note to operating results | - | |

Business Results-Quarterly financial positions

(in millions of yens)

| (visite of years) | | |
|---|----------|----------|
| | Dec 2021 | Sep 2021 |
| Quarterly financial positions | | |
| Quarterly financial positions | | |
| Consolidated financial positions | | |
| Total assets | 293,823 | 296,001 |
| Total equity | 63,009 | 63,573 |
| Equity attributable to owners of parent | 63,003 | 63,569 |
| Equity attributable to owners of parent to total assets ratio (%) | 21.2 | 21.3 |
| Note to consolidated financial positions | | |
| Note to financial positions | - | |
| | | |

Business Results-Note to quarterly business results

| | Dec 2021 |
|--|----------|
| Quarterly note to business results | |
| Quarterly note to business results | |
| Note to consolidated financial results | |
| Note to consolidated financial results | - |

Quarterly Dividends

(in millions of yens)

| | · · · · · · · · · · · · · · · · · · · | | |
|--------------------------|---------------------------------------|----------|----------|
| | Sep 2022 | Dec 2021 | Sep 2021 |
| Quarterly dividends | | | |
| Quarterly dividends | | | |
| Dividends | | | |
| Dividend per share (Yen) | | | |
| Dividend per share (Yen) | | | |
| | | | |

| First quarter | | |
|--|-------|-------|
| Result | - | - |
| Second quarter | | |
| Result | | 0.00 |
| Forecast | 0.00 | |
| Upper | - | |
| Lower | - | |
| Third quarter | | |
| Result | | - |
| Forecast | - | |
| Upper | - | |
| Lower | - | |
| Year end | | |
| Result | | 22.50 |
| Forecast | 22.50 | |
| Upper | - | |
| Lower | - | |
| Annual | | |
| Result | | 22.50 |
| Forecast | 22.50 | |
| Upper | - | |
| Lower | - | |
| Correction of dividend forecast from the most recent dividend forecast | | |
| Correction of dividend forecast from the most recent dividend forecast | ast | |
| Annual | - | |
| Note to dividends | | |
| Note to dividends | | |
| Annual | - | |

Quarterly Forecasts

(in millions of yens)

| | Sep 2022 |
|--------------------------------------|---|
| Quarterly forecasts | |
| Quarterly forecasts | |
| Title for forecasts | 3 . 2022年 9 月期の 連結業績予想(2021 年10月 1 日 ~ 2022年 9 月30日) |
| Preamble to consolidated forecasts | |
| Preamble to forecasts | - |
| Main table of consolidated forecasts | |
| Sales | |
| Sales | |
| Forecast | 310,000 |
| Upper | - |
| Lower | - |
| % change | |
| Forecast | 28.7 |
| Upper | - |
| Lower | - |
| Operating profit | |
| Operating profit | |
| Forecast | 21,000 |
| Upper | - |
| Lower | - |
| % change | |
| Forecast | -8.3 |
| Upper | - |
| Lower | - |
| Profit before tax | |
| Profit before tax | |
| Forecast | 19,000 |

| Lower % change Forecast Upper Lower | -12.0 |
|--|--------|
| Forecast Upper - Lower - | |
| Upper - Lower - | |
| Lower - | |
| | |
| Profit | |
| TOIL | |
| Profit | |
| Forecast | 12,000 |
| Upper - | |
| Lower - | |
| % change | |
| Forecast | -8.5 |
| Upper - | |
| Lower - | |
| Profit attributable to owners of parent | |
| Profit attributable to owners of parent | |
| Forecast | 12,000 |
| Upper - | |
| Lower - | |
| % change | |
| Forecast | -9.0 |
| Upper - | |
| Lower - | |
| Basic earning per share (Yen) | |
| Basic earnings per share (Yen) | |
| Forecast | 103.39 |
| Upper - | |
| Lower - | |
| Note to consolidated forecasts | |
| Note to forecasts - | |
| Correction of financial forecast from the most recent financial forecast | |
| Correction of financial forecast from the most recent financial forecast | |
| Forecast - | |

Notes, Quarterly IFRS-Material changes in subsidiaries during this period changes in scope of consolidations resulting from change in subsidiaries

| | Dec 2021 |
|---|----------|
| Material changes in subsidiaries during this period (Changes in scope of consolidations resulting from changes in subsidiaries) | |
| Material changes in subsidiaries during this period (Changes in scope of consolidations resulting from changes in subsidiaries) | |
| Others | |
| Material changes in subsidiaries during this period (Changes in scope of consolidations resulting from changes in subsidiaries) | |
| Material changes in subsidiaries during this period (Changes in scope of consolidations resulting from changes in subsidiaries) | - |
| Number of subsidiaries newly consolidated | - |
| Name of subsidiaries newly consolidated | - |
| Number of subsidiaries excluded from consolidation | - |
| Name of subsidiaries excluded from consolidation | - |
| Note to material changes in subsidiaries during this period | |
| Note to material changes in subsidiaries during this period | - |

Notes, Quarterly IFRS-Changes in accounting policies and accounting estimates

| | Dec 2021 |
|---|----------|
| Changes in accounting policies and accounting estimates | |
| Changes in accounting policies and accounting estimates | |
| Others | |

| Changes in accounting policies and accounting estimates | |
|---|---|
| Changes in accounting policies required by IFRS | - |
| Changes in accounting policies other than IFRS requirements | - |
| Changes in accounting estimates | - |
| Note to changes in accounting policies and accounting estimates | |
| Note to changes in accounting policies and accounting estimates | - |

Notes, Quarterly-Number of issued and outstanding shares common stock

| | Dec 2021 | Sep 2021 | Dec 2020 |
|--|-------------|-------------|-------------|
| Number of issued and outstanding shares (common stock) | | | |
| Number of issued and outstanding shares (common stock) | | | |
| Others | | | |
| Number of issued and outstanding shares (common stock) | | | |
| Number of issued and outstanding shares at the end of fiscal year (including treasury stock) | 116,069,184 | 116,069,184 | |
| Number of treasury stock at the end of fiscal year | 410,448 | 248 | |
| Average number of shares | 115,910,960 | | 116,049,736 |
| Note to number of issued and outstanding shares (common stock) | | | |
| Note to number of issued and outstanding shares (common stock) | - | | |

This information is a summary of the earnings report. It does not contain all details included in the earnings report disclosed in Japanese.