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Securities code: 7085 November 2, 2023 (Start date of electronic provision measures: October 30, 2023)

To Shareholders with Voting Rights:

Takeshi Masumoto Representative Director and President CURVES HOLDINGS Co., Ltd. 3-9-1 Shibaura, Minato-ku, Tokyo, Japan

Notice of the 15th Annual General Meeting of Shareholders

Dear Shareholders:

We would like to express our appreciation for your continued support and patronage.

We hereby inform you that the 15th Annual General Meeting of Shareholders (the "Meeting") of CURVES HOLDINGS Co., Ltd. (the "Company") will be held as described below.

The Company has taken measures for electronic provision of materials for this Meeting and posted the matters to be provided electronically on the website below as "Notice of the 15th Annual General Meeting of Shareholders."

■ The Company's website:

https://www.curvesholdings.co.jp/en/ir/stock/meeting.html

In addition to the above, the matters to be provided electronically are also posted on the following website. ■ Tokyo Stock Exchange, Inc. (TSE)'s website (Listed Company Search): https://www2.jpx.co.jp/tseHpFront/JJK020010Action.do?Show=Show

*Please access the TSE website above, enter and search for "CURVES HOLDINGS" in "Issue name" or our securities code "7085" in "Code," select "Basic information" and then "Documents for public inspection /PR information," and check the information from "Notice of General Shareholders Meeting/Informational Materials for a General Shareholders Meeting."

Shareholders can exercise your voting rights in writing or via the internet instead of attending the Meeting in person and are advised to review the Reference Documents for the General Meeting of Shareholders listed in the matters to be provided electronically and to exercise your voting rights by 6:00 p.m. Japan time on Tuesday, November 21, 2023 in accordance with the "Guide for Exercise of Voting Rights" on Pages 3 and 4 (only available in Japanese).

1. Date and Time:	Wednesday, November 22, 2023 at 10:00 a.m., Japan time (Doors open at 9:00
2. Place:	 a.m.) 3F Hall, BELLESALLE Onarimon Tower 1-1-1 Shibakoen, Minato-ku, Tokyo, Japan * Please check the guide map to the venue shown on the last page (only available in Japanese).
3. Meeting Agenda:	
6 6	 Business Report and Consolidated Financial Statements for the Company's 15th fiscal year (September 1, 2022 to August 31, 2023), and results of audits of the Consolidated Financial Statements by the Accounting Auditor and the Audit and Supervisory Committee Non-Consolidated Financial Statements for the Company's 15th fiscal year (September 1, 2022 to August 31, 2023)

Proposals to be resolved:

Proposal 1:	Appropriation of Surplus
Proposal 2:	Election of Four (4) Directors (excluding Audit and Supervisory Committee Members)
Proposal 3:	Election of Three (3) Directors who are Audit and Supervisory Committee
	Members

- If you are attending the Meeting, please submit the enclosed Voting Rights Exercise Form to the reception desk at the venue.
- If there is no indication of approval or disapproval for a proposal in the voting form, it will be deemed as an indication of approval.
- Any amendments to the matters to be provided electronically will be posted on each website that provides them.
- For this Meeting, we are sending documents containing the matters to be provided electronically to all shareholders, regardless of whether or not they have requested that paper-based documents be sent to them. Some of the matters to be provided electronically are not included in the documents sent to you in accordance with the laws and regulations and the Company's Articles of Incorporation. Please note then that the page numbers, section numbers, and reference pages of the documents sent to you are the same as those of the matters to be provided electronically.
- As in the previous year, we have decided, under the circumstances, not to distribute souvenirs to shareholders attending this Meeting. Your understanding in this matter is appreciated.
- Please make sure to carefully check the current status of the spread of infectious diseases as well as your own physical condition before deciding whether to attend the Meeting in person. The decision to wear a mask at the venue will also be left to the discretion of the shareholders.

You are also advised to consider exercising your voting rights in advance in writing or via the internet.

Reference Documents for the General Meeting of Shareholders

Proposal 1: Appropriation of Surplus

The Company considers returning profits to shareholders an important management task, and adopts the policy of maintaining a continuous and stable dividend while securing sufficient internal reserves to provide for future growth and assure financial soundness. We target a consolidated dividend payout ratio of 50%.

For the 15th fiscal year, under the aforementioned policy, the Company proposes a year-end dividend of 5.00 yen per share as described below, in consideration of the business performance for the fiscal year under review and the future business development, etc.

As a result, the annual dividend, including the interim dividend, will be 10.00 yen per share.

1. Type of dividend property:

Cash

2. Allocation of dividend property and its total amount:

5.00 yen per common share of the Company Total amount: 469,286,850 yen

3. Effective date of distribution of surplus:

November 24, 2023

Note: The total amount of dividends includes 9,000 thousand yen of dividends for the Company's shares held by Custody Bank of Japan, Ltd. (Trust Account E) as trust assets of "Employee Stock Ownership Plan (J-ESOP)" and "Board Benefit Trust (BBT)."

Proposal 2: Election of Four (4) Directors (excluding Audit and Supervisory Committee Members)

The terms of office of all four (4) incumbent Directors (excluding Audit and Supervisory Committee Members; hereinafter referred to as "Directors" in this Proposal) will expire at the conclusion of this Meeting. Accordingly, the election of four (4) Directors is requested. The Audit and Supervisory Committee has examined this Proposal and has no special comments regarding this Proposal.

The candidates for Directors are as follows:

No.	Name (Date of birth)	Career summary, positions and responsibilities at the Company, and significant concurrent positions				
		April 1988	Joined LCA Japan Co., Ltd.	held		
		June 1989	Joined Venture Link Co., Ltd.			
		February 2005	Representative Director and President, Curves Japan Co.,			
		-	Ltd.			
		April 2005	Representative Director, Chairman and CEO, Curves Japan			
		-	Co., Ltd.			
		September 2010	Director, the Company			
			Director, HIGHSTANDARD Co., LTD.			
		April 2011	Representative Director and President, the Company			
			(current)			
		May 2011	Operating Officer, KOSHIDAKA HOLDINGS Co., LTD.			
		June 2015	Member of the Board, Japan Sports Health Industries			
			Federation			
		June 2017	Auditor, Fitness Industry Association of Japan			
			Member of the Board, Japan Association of Healthcare			
			Initiative (current)			
		March 2018	President and CEO, Curves International, Inc. (current)			
	Takeshi Masumoto (June 16, 1964)		Director, Curves International UK LTD.			
1			Director, CFW Asia Management Company Limited	5,109,941		
1			(current)			
		May 2018	Chair of Retail Services Working Group, Vice Chairman,			
			Japan Franchise Association			
		August 2018	Auditor, Smart Wellness Community Council			
		November 2018	Representative Director and Chairman, Curves Japan Co.,			
		L 1 2010	Ltd. (current)			
		July 2019	President and CEO, CFW International Management B.V.			
			(currently Curves Europe B.V.) (current)			
			Director, CFW Operations Europe Limited (current) Director, Curves International of Spain, S.A. (current)			
		December 2019	Director, Curves Operations Italy S.r.l.			
		June 2020	Member of the Board, Fitness Industry Association of			
		June 2020	Japan (current)			
		November 2020	Representative Director and Chairman, HIGHSTANDARD			
		11000011001 2020	Co., LTD. (current)			
		May 2021	Chairman, Japan Franchise Association (current)			
		June 2021	Member of the Board, Smart Wellness Community Council			
		2010 2021	(current)			
		November 2021				

[Reason for nomination as a candidate for Director]

Mr. Takeshi Masumoto founded Curves Japan Co., Ltd. in 2005 and assumed the position of Representative Director. In 2011, he became Representative Director of the Company. His strong leadership and effective and prompt management decisions have contributed to the development of the Group since then, such as the acquisition of Curves' global headquarters and European franchise headquarters, the listing on the First Section (then) of the Tokyo Stock Exchange through the spin-off of KOSHIDAKA HOLDINGS Co., LTD. and the planning and execution of new strategies after the COVID-19 pandemic in domestic and overseas businesses. We consider him as an essential leader for the development of the Group going forward and therefore propose him as a candidate for Director.

No.	Name (Date of birth)	Career sur	Number of shares of the Company held			
2	Maki Sakamoto (January 20, 1967)	May 1991 March 1993 March 1996 March 2005 April 2005 May 2011	Joined Allders International Pty Ltd, Australia Joined Panalingua Co., Ltd. Joined Venture Link Co., Ltd. Seconded to Curves Japan Co., Ltd. Representative Director and President, Curves Japan Co., Ltd. Director and President, Curves Japan Co., Ltd. (current) Director, HIGHSTANDARD Co., LTD. (current) Director, the Company (current)	2,077,447		
	[Reason for nomination as a candidate for Director] Mr. Maki Sakamoto is a founding member of the Group who joined Curves Japan Co., Ltd., a core company of the Group, in 2005 and has served in many positions such as President and COO of Curves Japan. Currently, he demonstrates leadership as Director and President of Curves Japan and is in charge mainly of risk management of the Group as well as formulation and execution of strategies in areas such as facility expansion. He has contributed to the development of the Group as a whole, promoting the enhancement of the core businesses of the Group. We propose him as a candidate for Director because he is expected to continue to contribute to the					
3	Intervention of the Group with his wealth of experience and in-depth knowledge.Yoko Masumoto (March 13, 1973)April 1995 February 2005 May 2011Joined Venture Link Co., Ltd. February 2005 Director and Vice President, Curves Japan Co., Ltd. (current) Director, the Company (current)2,077,447[Reason for nomination as a candidate for Director] Ms. Yoko Masumoto is a founding member of the Group who joined Curves Japan Co., Ltd., a core company of the Group, in 2005 and has served in many positions such as Vice President and General Manager of Business Development Division of Curves Japan. Currently, she demonstrates leadership as Director and Vice President of Curves Japan and is in charge mainly of chain management, human resources development, and facility operations. She has contributed to the development of the Group with her wealth of experience and in-depth knowledge.					

No.	Name (Date of birth)	Career sun	nmary, positions and responsibilities at the Company, and significant concurrent positions	Number of shares of the Company held		
		April 1980	Joined Takashimaya Company, Limited			
		April 2011	Joined KOSHIDAKA HOLDINGS Co., LTD.			
			General Manager, Business Administration Department,			
			Curves Japan Co., Ltd. (current)			
	Shinya Matsuda	March 2014	Operating Officer, KOSHIDAKA HOLDINGS Co., LTD.	15 402		
	(November 27, 1955)		General Manager, Administration Division, the Company	15,492		
	(November 2018	Director and General Manager, Administration Division,			
			the Company (current)			
		July 2019	Director, CFW International Management B.V. (currently			
4			Curves Europe B.V.) (current)			
	[Reason for nominat	ion as a candidate	for Director]			
	Since assuming the position of General Manager of Business Administration Department of the Company in					
	2011, Mr. Shinya Matsuda has supported the management team of the Group as the supervisor of the Group's					

Since assuming the position of General Manager of Business Administration Department of the Company in 2011, Mr. Shinya Matsuda has supported the management team of the Group as the supervisor of the Group's administration division with his high degree of expertise and wealth of experience in accounting and finance operations and has promoted the strengthening of the management system of overseas subsidiaries. We propose him as a candidate for Director because he is expected to continue to contribute to the development of the Group with his wealth of experience and achievement in areas such as accounting, finance, and corporate planning at listed companies over many years.

Notes: 1. "Number of shares of the Company held" indicates the number of shares held as of August 31, 2023.

- 2. There are no special interests between each candidate and the Company.
- 3. The Company has concluded a directors and officers liability insurance contract provided for in Article 430-3, Paragraph 1 of the Companies Act with an insurance company to cover damage incurred by the insured in the event that a claim for damages is made during the insurance period due to an act committed by the insured in his or her capacity as such. If this Proposal is approved as originally proposed and each candidate is reappointed, each candidate will be included as the insured under this insurance contract. The Company also plans to renew this insurance contract during the term of office of each candidate. The summary of contents of the said insurance contract is as described in the Business Report on Page 16 (only available in Japanese).

Proposal 3: Election of Three (3) Directors who are Audit and Supervisory Committee Members

The terms of office of all three (3) incumbent Directors who are Audit and Supervisory Committee Members will expire at the conclusion of this Meeting. Accordingly, the election of three (3) Directors who will be Audit and Supervisory Committee Members is requested.

The Audit and Supervisory Committee has given consent to this Proposal.

The candidates for Directors who are Audit and Supervisory Committee Members are as follows:

No.	Name (Date of birth)	Career summary, positions and responsibilities at the Company, and significant concurrent positions						
		April 1983	Joined The Chuo Trust & Banking Co., Ltd. (currently	held				
	*Newly appointed	-	Sumitomo Mitsui Trust Bank, Limited)					
	Toyokazu Kawada	October 2007	Joined JAPAN SECURITIES AGENTS, LTD.	_				
	(March 16, 1960)	February 2012						
		February 2020	Joined IR Japan, Inc. Joined WILLs Inc.					
	[Reason for nomination as a candidate for Outside Director and expected roles]							
1			not have experience in management as an officer of a listed of	company, he				
	has extensive experie	nce and achievem	ent including stock agency work at financial institutions as w	vell as DX				
	transformation, IR su	pport, and ESG m	anagement support for listed companies in the consulting inc	lustry. We				
	have nominated him	based on the judgr	nent that he has extensive insight in management necessary f	for				
	supervising the Comp	pany's managemer	nt and can be expected to fairly and objectively supervise the	1				
	appropriateness of ma	anagement and enl	hance auditing functions.					
		November 1978	Joined Tetsuzo Ota & Co. (currently Ernst & Young					
			ShinNihon LLC)					
		July 1992	Partner, Ernst & Young ShinNihon LLC					
		July 2000	Representative Partner, Ernst & Young ShinNihon LLC					
		July 2017	President, Sadayoshi Yamamoto Certified Public					
			Accounting Office (current)					
		August 2017	Outside Audit & Supervisory Board Member, TOA					
			INDUSTRIES CO., LTD. (current)					
	Sadayoshi Yamamoto	June 2018	External Auditor, Immuno-Biological Laboratories Co.,					
	(May 17, 1955)		Ltd.	-				
	(Whay 17, 1955)	November 2018	Auditor, Tokyo Metropolitan Government Bosai Kenchiku					
			Machi Zukuri Center (current)					
			Audit and Supervisory Board Member, the Company					
2			Audit and Supervisory Board Member, Curves Japan Co.,					
			Ltd.					
			Audit and Supervisory Board Member,					
			HIGHSTANDARD Co., LTD.					
		November 2019	Outside Director (Audit and Supervisory Committee					
			Member), the Company (current)					
	[Reason for nomination as a candidate for Outside Director and expected roles]							
	Mr. Sadayoshi Yamamoto has considerable knowledge about finance and accounting as a certified public							
	accountant and abundant and extensive insight necessary for auditing the Company's management from an							
	objective standpoint. He has thus appropriately fulfilled his role of supervising the execution of the Company's							
	business. We have nominated him based on the judgment that he can be expected to continue to fairly and							
	objectively supervise	objectively supervise the appropriateness of management and enhance auditing functions as Audit and						
	Supervisory Committee Member.							

No.	Name (Date of birth)	Career sun	Number of shares of the Company held			
		April 1993	Assistant Professor, Faculty of Commerce, Nagoya			
			University of Commerce & Business			
		April 1995	Assistant Professor, Faculty of Social and Information			
			Studies, Gunma University			
		June 2001	Outside Audit & Supervisory Board Member, SE			
			Corporation (current)			
		April 2002	Professor, Faculty of Social and Information Studies,			
	Masahide Teraishi		Gunma University			
	(July 10, 1961)	November 2005	Outside Audit & Supervisory Board Member,	-		
			KOSHIDAKA HOLDINGS Co., LTD.			
		April 2011	Professor, Career Education Center, Otsuma Women's			
			University (current)			
3		November 2015	Outside Director (Audit and Supervisory Committee			
			Member), KOSHIDAKA HOLDINGS Co., LTD.			
		April 2019	Director, Japan Sales Science Association (current)			
		November 2019	Outside Director (Audit and Supervisory Committee			
			Member), the Company (current)			
			for Outside Director and expected roles]			
	Mr. Masahide Teraishi has engaged in leading-edge research on corporate management as a university pro-					
		-	nt necessary for auditing the Company's management from	=		
	-		fulfilled his role of supervising the execution of the Compa-	-		
	We have nominated	him based on the	e judgment that he can be expected to continue to fairly an	nd objectively		
	supervise the appropriateness of management and enhance auditing functions as Audit and Supervisory Committee					

Notes: 1. There are no special interests between each candidate and the Company.

Member.

- 2. The Company has entered into agreements with all Outside Directors (Audit and Supervisory Committee Members) to the effect that, if such Outside Directors have acted in good faith and without gross negligence, in accordance with the provisions of Article 427, Paragraph 1 of the Companies Act, they shall be liable under Article 423, Paragraph 1 of the said Act, with limits of up to the total amount stipulated in each item of Article 425, Paragraph 1 of the said Act. If Mr. Sadayoshi Yamamoto and Mr. Masahide Teraishi are reappointed, the said agreement will continue. In addition, if Mr. Toyokazu Kawada is appointed, the said agreement will be concluded with him.
- 3. The Company has concluded a directors and officers liability insurance contract provided for in Article 430-3, Paragraph 1 of the Companies Act with an insurance company to cover damage incurred by the insured in the event that a claim for damages is made during the insurance period due to an act committed by the insured in his or her capacity as such. If this Proposal is approved as originally proposed and each candidate is appointed or reappointed, each candidate will be included as the insured under this insurance contract. The Company also plans to renew this insurance contract during the term of office of each candidate. The summary of contents of the said insurance contract is as described in Business Report on Page 16 (only available in Japanese).
- Mr. Toyokazu Kawada, Mr. Sadayoshi Yamamoto, and Mr. Masahide Teraishi are candidates for Outside Directors.
 The Company has registered Mr. Sadayoshi Yamamoto and Mr. Masahide Teraishi as Independent Officers under the provisions of Tokyo Stock Exchange, Inc. and will register Mr. Toyokazu Kawada as Independent Officer with the said exchange.
- 5. Mr. Sadayoshi Yamamoto and Mr. Masahide Teraishi, candidates for Outside Directors, currently serve as Outside Directors (Audit and Supervisory Committee Members) of the Company. Their term of office will have been four (4) years upon the conclusion of the Meeting since they assumed office.

(Reference) If Proposals 2 and 3 are approved, the Skills Matrix of the Directors (including Audit and Supervisory Committee Members) will be as follows:

Position		Directors							
						Audit and Supervisory Committee Members			
		Takeshi Masumoto	Maki Sakamoto	Yoko Masumoto	Shinya Matsuda	Toyokazu Kawada	Sadayoshi Yamamoto	Masahide Teraishi	
N	lanagement	0	0	0	0	0		0	
F	inance	0			0		0		
L	egal	0	0		0				
F	ranchise business/Chain operations	•				•	•		
	Facility development & strategy	0	0						
	Chain management	0	0	0					
	Facility operations	0		0					
	Know-how development/ Knowledge management	0		0					
	Administrative management (DX)				0	0			
N	farketing	0		0					
P	roduct development	0							
Н	lealth care	0	0	0					
N	lew business development	0							
0	verseas (International)	0			0				