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Securities code: 7817

June 7, 2019

To our shareholders:

Kyosuke Kimura
President and Chief Executive Officer
PARAMOUNT BED HOLDINGS CO., LTD.
2-14-5 Higashisuna, Koto-ku, Tokyo, Japan

NOTICE OF THE 37TH ORDINARY GENERAL MEETING OF SHAREHOLDERS

You are cordially invited to attend the 37th Ordinary General Meeting of Shareholders of PARAMOUNT BED HOLDINGS CO., LTD. (the "Company"), which will be held as described below.

If you are unable to attend the meeting in person, you may exercise your voting rights by postal mail or electromagnetic means (such as the Internet). Please review the attached Reference Documents for the General Meeting of Shareholders and exercise your voting rights as described in "Guide for exercise of voting rights, etc." (in Japanese only) by 5:00 p.m., Wednesday, June 26, 2019 (Japan Standard Time).

1. Date and Time: Thursday, June 27, 2019 at 10:00 a.m. (Japan Standard Time)

(Reception opens at 9:00 a.m.)

2. Venue: Head Office, Bldg. 2, 4F

2-14-5 Higashisuna, Koto-ku, Tokyo, Japan

3. Purposes:

Items to be reported:

- 1. Business Report and Consolidated Financial Statements for the 37th term (from April 1, 2018 to March 31, 2019), as well as the results of audit of the Consolidated Financial Statements by the Accounting Auditor and the Audit and Supervisory Committee
- 2. Non-Consolidated Financial Statements for the 37th Term (from April 1, 2018 to March 31, 2019)

Items to be resolved:

Proposal 1: Appropriation of Surplus

Proposal 2: Partial Amendments to the Articles of Incorporation

Proposal 3: Election of Five (5) Directors (Excluding Directors Who Are Audit and Supervisory

Committee Members)

4. Other Items Relating to This Notice:

- (1) Approval will be assumed if you exercise your voting rights using the voting form without indicating approval or disapproval for each proposal.
- (2) Your vote via the Internet will take precedence if you exercise your voting rights both via the Internet and by returning the voting form by postal mail.
- (3) Your final vote will take precedence if you exercise your voting rights via the Internet more than once.
- (4) Among the documents that should be submitted with this Notice, based on laws and regulations and Article 15 of the Articles of Incorporation, the following items are on the Company's website (https://www.paramountbed-hd.co.jp) so they are not listed in the documents attached to this Notice.
 - (i) Notes to the Consolidated Financial Statements
 - (ii) Notes to the Non-Consolidated Financial Statements

Therefore, the documents attached to this Notice are a part of the Consolidated Financial Statements or Non-Consolidated Financial Statements that were audited by the Accounting Auditor and Audit and Supervisory Committee in preparing audit reports.

- In the event that amendments are made to the Reference Documents for the General Meeting of Shareholders, Business Report, Non-Consolidated Financial Statements or Consolidated Financial Statements, the amended versions will be made available on the Company website (https://www.paramountbed-hd.co.jp).

Reference Documents for the General Meeting of Shareholders

Proposals and Reference Information

Proposal 1: Appropriation of Surplus

The Company would like to appropriate surplus as described below.

Matters related to the year-end dividend:

While the Company attaches great importance to returning profits to shareholders in the way that reflects financial results, it determines the dividend after a comprehensive consideration of the need for robust internal reserves to further strengthen the financial position and management foundation in order to actively invest for development of businesses and to deal with rapid changes in the operating environment.

That being the case, the Company proposes to pay a year-end dividend for the 37th term as follows.

(1) Type of dividend property Cash

(2) Allocation of dividend property and total amount thereof

50 yen cash per common share

Total dividends: 1,503,156,350 yen

As 50 yen per share was paid as an interim dividend, the total dividend per share for the term will be 100 yen.

(3) Effective date of distribution of dividends of surplus

June 28, 2019

Proposal 2: Partial Amendments to the Articles of Incorporation

1. Reasons for proposal

It is proposed that the business purpose in the Articles of Incorporation of each subsidiary be added to the Company's business purpose in Article 2 in preparation for the business development of the Group.

2. Details of the amendments

The details of the amendments are as follows.

(Amended parts are underlined)

	(Amended parts are undermied)		
Current Articles of Incorporation	Proposed amendments		
(Purpose)	(Purpose)		
Article 2 (Article text omitted)	Article 2 (Unchanged)		
(1) to (4) (Article text omitted)	(1) to (4) (Unchanged)		
(Moved from the current item 18)	(5) Development and sale of software		
(Newly established)	(6) Development, production, and sale of biological		
	information measurement devices		
(Newly established)	(7) Development, production, and sale of devices, etc. that are		
	applications of the skin electronics technology		
$(\underline{5})$ Import and export of goods listed in the preceding items	(8) Import and export of goods, etc. listed in the preceding		
	items <u>1 to 7</u>		
(6) Lease, rental, broker, maintenance, and repair of goods	(9) Lease, rental, broker, maintenance, and repair of goods,		
listed in the preceding items 1 to $\underline{4}$	etc. listed in the preceding items 1 to 7		
$(\underline{7})$ Sale of goods listed in the preceding items 1 to $\underline{4}$ when	(<u>10</u>) Sale of goods, etc. listed in the preceding items 1 to <u>7</u>		
they are second-hand	when they are second-hand		
(8) Cleaning, wiping, disinfection, and sterilization of goods	(11) Cleaning, wiping, disinfection, and sterilization of goods		
listed in the preceding items 1 to $\underline{4}$	listed in the preceding items 1 to $\underline{7}$		
$(\underline{9})$ to $(\underline{12})$ (Article text omitted)	$(\underline{12})$ to $(\underline{15})$ (Unchanged)		
(13) Temporary personnel agency business	(16) Fee-charging employment placement service and worker		
	dispatching undertaking business		
$(\underline{14})$ to $(\underline{15})$ (Article text omitted)	$(\underline{17})$ to $(\underline{18})$ (Unchanged)		
(Newly established)	(19) Issue, sale, and management of prepaid payment		
	<u>instruments</u>		
(Newly established)	(20) Development of the methods of measurement and analysis		
	of biological information, etc. and provision of the service		
	<u>thereof</u>		
(Newly established)	(21) Provision of data analysis services		
$(\underline{16})$ to $(\underline{17})$ (Article text omitted)	(<u>22</u>) to (<u>23</u>) (Unchanged)		
(18) Development and sale of software	(Moved to the proposed amendments item 5)		
$(\underline{19})$ to $(\underline{27})$ (Article text omitted)	(<u>24</u>) to (<u>32</u>) (Unchanged)		

Proposal 3: Election of Five (5) Directors (Excluding Directors Who Are Audit and Supervisory Committee Members)

At the time of the conclusion of this General Meeting, the terms of office of all five (5) Directors (excluding Directors who are Audit and Supervisory Committee Members; hereafter the same shall apply in this Proposal) will expire. Therefore, the Company proposes the election of five (5) Directors.

Moreover, although this proposal has been considered by the Audit and Supervisory Committee, it has expressed its opinion to the effect that it has no objections.

The candidates for Director are as follows:

No.	Name		Position and responsibilities, etc. in the Company
1	Kyosuke Kimura	Reelection	President and Chief Executive Officer
2	Michihide Kimura	Reelection	Executive Vice President and Chief Financial Officer
3	Izumi Sato	Reelection	Senior Managing Director
4	Tomohiko Kimura	Reelection	Senior Managing Director
5	Toshiyuki Hatta	New election	Corporate Officer, General Manager of General Affairs Department and Human Resource Department

No.	Name (Date of birth)	Career summary, position, responsibilities and significant concurrent positions outside the Company		Number of the Company's shares owned
1	Kyosuke Kimura (September 20, 1950) Reelection	President and	Joined Paramount Bed Co., LTD. Member of the Board of Paramount Bed Co., LTD. Member of the Board of the Company Senior Managing Director of Paramount Bed Co., LTD. Senior Executive Director of Paramount Bed Co., LTD. Executive Vice President of Paramount Bed Co., LTD. President and Chief Executive Officer of Paramount Bed Co., LTD. (present position) President and Chief Executive Officer of the Company (present position) oncurrent position outside the Company] Chief Executive Officer of Paramount Bed Co., LTD.	911,375 shares
	[Reasons for nomination as candidate for Director] Kyosuke Kimura has been a Director and Representative Director of the Company and the subsidiaries of the Group for many years and has engaged in the corporate management. The Company has selected him as a candidate again based on his plentiful experience and achievements.			
2	Michihide Kimura (September 11, 1958) Reelection		Joined Paramount Bed Co., LTD. Member of the Board of Paramount Bed Co., LTD. Auditor of the Company Member of the Board, Director of Finance and System Administration Division of Paramount Bed Co., LTD. Senior Executive Director and Chief Financial Officer of Paramount Bed Co., LTD. Member of the Board of the Company Senior Executive Director and Chief Financial Officer of the Company Executive Vice President and Chief Financial Officer of the Company (present position) Executive Vice President and Chief Financial Officer of Paramount Bed Co., LTD. (present position) concurrent position outside the Company] The President and Chief Financial Officer of Paramount Bed President and Chief Financial Officer of Paramount Bed	911,116 shares
	engaged in the corporate	as candidate for een a Director of management a	or Director] of the Company and the subsidiaries of the Group for many your selections of the Company has select the company has been decompany has been d	eted him as a

No.	Name (Date of birth)	Career sun	nmary, position, responsibilities and significant concurrent positions outside the Company	Number of the Company's shares owned
3	Izumi Sato (March 24, 1958) Reelection		Joined Paramount Bed Co., LTD. Corporate Officer, Director of Sales Division of Paramount Bed Co., LTD. Member of the Board, Director of Sales Division of Paramount Bed Co., LTD. Member of the Board of the Company Senior Managing Director of the Company Senior Managing Director, Director of Sales Division of Paramount Bed Co., LTD. Senior Managing Director, General Manager of Corporate Planning Department of the Company Senior Managing Director of Paramount Bed Co., LTD. (present position) Senior Managing Director of the Company (present position) concurrent position outside the Company] ging Director of Paramount Bed Co., LTD.	6,027 shares
	worked as a Director of	marily responsi Paramount Bed Senior Managin	ble for the Sales and Corporate Planning Divisions, and from I Co., LTD., from 2011 he has worked as a Director of the Cog Director. The Company has selected him as a candidate aga	mpany and from
4	Tomohiko Kimura (July 17, 1977) Reelection	Apr. 2008 June 2010 Apr. 2011 Oct. 2011 June 2014 June 2015 Apr. 2016	Joined Paramount Bed Co., LTD. Corporate Officer, Deputy Director of Business Strategy Planning Division of Paramount Bed Co., LTD. Corporate Officer, Director of Global Business Division of Paramount Bed Co., LTD. Corporate Officer of the Company Senior Corporate Officer of the Company Member of the Board of Paramount Bed Co., LTD. Senior Managing Director of Paramount Bed Co., LTD. (present position)	820,149 shares
7	June 2018 Senior Managing Director of the Company (present position) [Significant concurrent position outside the Company] Senior Managing Director of Paramount Bed Co., LTD. [Reasons for nomination as candidate for Director] Tomohiko Kimura has been primarily responsible for the Business Strategy Planning and Global Business Divisions. He has worked as a Corporate Officer of Paramount Bed Co., LTD. from 2010, a Corporate Officer of the Company from 2011, a Senior Managing Director of Paramount Bed Co., LTD. from 2016, and a Senior Managing Director of the Company from 2018. The Company has selected him as a candidate again based on his plentiful experience and achievements in the Group.			

No.	Name (Date of birth)	Career summary, position, responsibilities and significant concurrent positions outside the Company	Number of the Company's shares owned	
5	Toshiyuki Hatta (December 21, 1961) New election	Apr. 1984 Joined Paramount Bed Co., LTD. June 2011 Corporate Officer, General Manager of Human Resource Department and Public and Investor Relations Department of Paramount Bed Co., LTD. Oct. 2011 Corporate Officer, General Manager of Human Resource Department and Public and Investor Relations Department of the Company June 2018 Corporate Officer, General Manager of General Affairs Department and Human Resource Department of the Company (present position) June 2018 Corporate Officer, Executive Director of Administration Division of Paramount Bed Co., LTD. (present position) [Significant concurrent position outside the Company] Corporate Officer, Executive Director of Administration Division of Paramount Bed Co., LTD.	1,000 shares	
	[Reasons for nomination as candidate for Director] Toshiyuki Hatta has been primarily responsible for the Human Resource and Public and Investor Relations			
	Departments, and from 2011 he has worked as a Corporate Officer of the Company and Paramount Bed Co., LTD. The			
	Company has selected him as a new candidate based on his plentiful experience and achievements in the Group.			

Note: There is no special interest between each of the candidates and the Company.